

YOU

L N D O N

NEWS

Jan

2016



Flying the YOU London flag

LFB Fire Cadets and MPS Volunteer Police Cadets were among many YOU London groups participating in the Lord Mayor's Show 2016.

See Page 8.



Supported by



Reserve Forces' and Cadets' Association
for Greater London

MAYOR OF LONDON



**GREATER LONDON
LIEUTENANCY**



In brief ..

November was a busy time for everyone with the Lord Mayor's Show and the many Remembrance Services where YOU London groups proudly took part. After the Christmas break, its back into action and looking forward to a packed year of activity.

In 2016 Fire Cadets are helping London Fire Brigade celebrate their 150th birthday and the Air Cadets are celebrating their 75th year.

I have had the privilege of visiting a number of boroughs recently and supporting them in their plans to work together and where necessary to re-energise their YOU activity. YOU Croydon has plans for a summer event, YOU in RBKC plans to help celebrate HM Queen's Birthday. Merton is holding a YOU planning meeting this month, YOU Newham is looking forward to a weekend camp together in Essex. I have visited Enfield where I discovered that their 'Youth Enfield' magazine was advertising all the groups and we have agreed to work together in using this advertising medium.

This tells me that there is a huge amount of positive, collaborative working taking place across the London boroughs - much of which You London is supporting in one way or another.

People often ask me the question - "What ought we to be doing, what do you expect?" My answer is this - at one end of the scale knowing who is who in your borough and being able to communicate is a perfectly good level of activity- this is why YOU London maintains a database of YOU contacts in each borough. At the other end you may have a summer games or competition, joint recruiting plans or venue sharing.

Lastly can I remind you that each organisation is entitled to have access to the resources on the Members' area of our new YOU London website. Just request login details - www.youlondon.org.uk

Top Awards

On Friday 4th December the LFB Fire Cadet programme manager Sara Perez and a number of other Fire Brigade colleagues were invited to the Fire Magazines prestigious annual 'Excellence in Fire & Emergency Awards' at One Great George Street in Westminster.



Along with a number of nominations of other LFB teams and personnel for awards, the LFB Fire Cadet team had been nominated for the 'Team of the Year Award'.

Much to their surprise, LFB Fire Cadets beat competition from Whitlaw Fire Station in Northern Ireland, Operation Florian, South Yorkshire FRS Corporate Communications and Wiltshire's Rural Safety Team to be named Team of the Year, sponsored by Bristol Uniforms.

Presenting the trophy to Sara Perez, EFE co-host CFO Paul Fuller said: "The positive impact the FC has had on young people has seen numerous testimonies submitted to the judges from parents, referral agents, partners and the young people on how the programme has changed their lives."

Sara Perez
Education Team and Fire Cadets

YOU London News is produced quarterly for the YOU London Board by Michael Nolan 07813 363076 . It's purpose is to share news and good practice and to celebrate successes. Next edition April 2016. Copy deadline 15 March. Send copy to YOULondon1@gmail.com



Together in Lewisham

It was a great pleasure to visit Lewisham again and to attend the annual review of 1921 Squadron Lewisham ATC on 18th December.

Fire Cadets and Volunteer Police Cadets had also accepted an invitation. Air Cadet Squadrons hold these occasions to report on the year, celebrate achievements and to make cadet and adult promotions.

Dignitaries, parents, friends and supporters packed the large drill hall for what was a truly enjoyable evening.

*Michael Nolan
YOU London*

YOU London contact

www.youlondon.org.uk
 Twitter @YOULondon1
www.facebook.com/YOULondon1
 YouTube - <http://tinyurl.com/pjd5766>
 E: YOULondon1@gmail.com

Celebrating Adult Leaders

Three generations of one family have all gained the prestigious Girls' Brigade Queen's Award. Sherilyn Powell, a leader at 3rd Chelmsford and 1st New Haw, was presented with a Queen's Award in December 2015.



Her mother Sheena Powell, a leader at 3rd Chelmsford, is a Queen's Award recipient, and her grandmother Alma Cater, previously of 3rd Chelmsford and 4th Stratford, received her Queen's Badge in Girls' Life Brigade in 1964.

Met Police Cadets celebrate an amazing year at second annual awards ceremony

On 7th January 2016, The London Oratory School welcomed back Met Police Cadets together with senior officers, directors, friends and family to celebrate their impressive achievements during 2015.



Inspector Helen Harper opened with a review of the year which included the Trafalgar Square parade, Trooping the Colour and the Notting Hill Carnival as well as the most successful Takeover Day yet which saw 75 cadets step in to the shoes of senior officers and staff for the day. This was organised by Lucy O'Mahony, a manager in the Youth Engagement Team.

The VPC now numbers 4,410 cadets and, to put that in perspective, Helen Harper explained "if you all attend the competition this year, we'll need 12,000 hens just to lay the eggs for your breakfast."

The awards then began with senior leaders from each of the 32 boroughs announcing the winners of their Ambassador and Junior Cadet awards. Jo Amand from the Duke of Edinburgh's award then took to the stage to recognise the Bikes to Gambia project led by Tom Morris and Gill di Martinez. This team has made a major difference to the lives of the young people who received the bicycles as, without them, they would have no means to get to school. Head of the Directorate of Media and Communication, Martin Fewell, was invited to present a new award to the Cyber Crime team.

Their work to combat this increasingly important issue has had such a positive impact that an item about it even appeared on the ITV evening news.

The evening culminated in the announcement of:

- Tom Langham as staff member of the year. He has found time to give 400 hours of service while running his own business (which he sometimes closes early to get to cadets on time);
- Jayne Richardson as co-ordinator of the year. Winning for an impressive third year running, Jayne runs an active cadet programme as well as the Iron Man competition – happily with excellent support from her family;
- Matteo Bynoe from Kensington and Chelsea as Junior Cadet of the Year;
- and Valicious Vincent as overall Cadet of the Year. (Pictured below receiving award from Assistant Commissioner Helen King)



Valicious joined the Volunteer Police Cadets (VPC) in Southwark two years ago, where he is currently Head Cadet of our South Unit. He's flourished into a strong leader, firm and authoritative when needed, yet always approachable and willing to selflessly help others, setting an exemplary example through a consistent approach to resolving conflict and engaging with his VPC peers in Southwark and beyond in all aspects of cadet life. His potential had been noted from the outset as he was polite, listened carefully and acted with integrity, always keen to get involved in volunteering and possessing a drive for knowledge and understanding through active and positive participation in the class and in the community.

Closing the evening, Assistant Commissioner Helen King commented "Robert Peel once said ... the public are the police, and the police are the public. There can be no better example of this than the VPC. You are a key part of the MPS family and we are immensely proud of you."

Cadets building links in Haringey.

Haringey Sea Cadet unit has been home to the local Air Cadet Squadron and Army Cadet Detachment for the past year. The Army Cadets and Air Cadets usual homes are undergoing refurbishments and rebuilds so they were looking for somewhere to parade. TS Wizard Sea Cadets came to the rescue.

But these relationships are not the only things to have been built. Cadets from all three uniformed youth groups have taken part in a project with the Volunteer It Yourself (VIY) organisation to carry out works on the unit. Together with some help from Edmonton Sea Cadets the young people have redecorated the entire interior of the unit and used carpentry skills to erect a brand new toilet block.

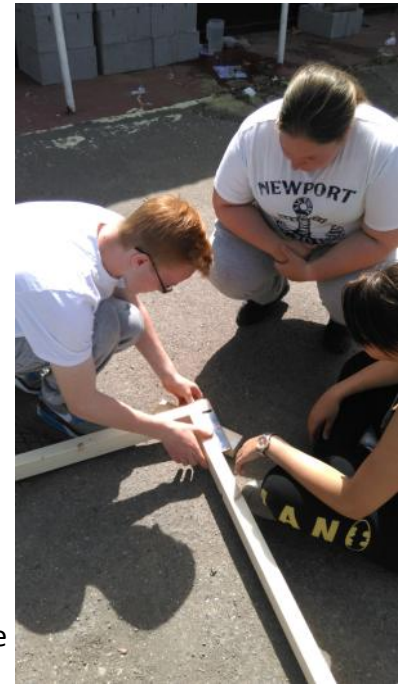
Throughout the project the cadets were trained in vocational disciplines from professional tradesmen and were assessed by examiners. VIY were able to award the group of over 25 young people aged 14-24 City and Guilds qualifications in painting and decorating and carpentry.

The sharing of facilities and parade nights for the past has built friendships and a real sense of community in the cadet forces of Haringey and Tottenham, and the project carried out at the unit on White Hart Lane is a real testament to the benefit of tri-service co-operation.

The Air Cadet Squadron and the Army Cadet Detachment will soon be moving into their new building but all the volunteers and cadets involved are keen to uphold the links and relationships they have built.

Maria McEvoy
Sea Cadets Development
Worker

***Editor's note: Official
Opening of new Joint Cadet
Centre is planned for 19th
April.***





Featuring this month's YOU group

For action and adventure, fun and friendship, the Army Cadet Force is hard to beat. With 41,000 cadets (aged 12-18) and 9,500 adults in over 1,600 locations in every corner of the United Kingdom, the ACF is one of the country's largest voluntary youth organisations. It is also one of the oldest tracing its history back to 1859.



Many young people are missing out on the challenges and adventures that could transform their lives but joining the Army Cadets can change that. We welcome boys and girls (aged over 12 and in at least year eight at school) of all abilities and backgrounds. When they join us we encourage them to learn more, do more and try more. We inspire them to aim high and pursue their goals, no matter what they aim to do in life.



Some of our activities have a military theme, others have more of a community focus but they all inspire young people to challenge their limits, become more independent, confident and able to step up to any challenge.

The Army Cadet Force is one of four cadet organisations sponsored and supported by the Ministry of Defence, the others being the Combined Cadet Force, the Sea Cadet Corps, and the Air Training Corps. Although they are sponsored by the Ministry of Defence there is no obligation on cadets to join the Armed Forces.

There are over 120 Army Cadet Units (Detachments) across London's four sectors (counties) - Middlesex and Northwest London ACF, South West London ACF, South East London ACF and City of London and North East Sector. Most parade (meet) two nights a week in the evenings and have weekends away as well as a two week annual camp in the Summer at an army base somewhere in the UK.

Loads of info and downloads at www.armycadets.com. Each of the four sectors have their own website linked to this, and have their own social media channels. Go on check it out now.

GET MORE FROM LIFE AS AN ARMY CADET OR ADULT INSTRUCTOR



**ARMY
CADETS** >>>
GOING FURTHER

>> Do more, try more and learn more with your local Army Cadets.

Whether you're a budding cadet or interested in becoming an adult instructor, the Army Cadets provides plenty of action and adventure.

From rock climbing and mountain biking to target shooting and going on camps, your life will be packed with challenges, fun and friendship. There are also lots of opportunities to gain valuable qualifications like the Duke of Edinburgh's Award.

So why not go further? Find out more by visiting: armycadets.com <<



London taxi drivers' Mad Hatters Party

Army cadets from 214 Finchley Detachment (PARA) and Volunteer Police Cadets were on hand to help out at the 88th London Taxi Drivers annual "Mad Hatters" Tea Party which was held in the "Great Room" of the Grosvenor Hotel, Park Lane, London on Sunday 17th January 2016.

The Army cadets laid on a small display of the equipment they use, as well as a bit of face painting military style (camouflage cream)

The cadets also got to rub shoulders with celebrities like Frank Bruno and the Cheeky Girls and managed to set up a mini obstacle course in one of the side rooms for the visitors to take part in.

Army cadet Staff Sgt Richard Angel, the Detachment Commander said "It was a great privilege firstly to be invited to help out and secondly to be a part of such a fantastic event. All of the cadets have had a great time and enjoyed being able to give something back to the wider community"

The cadets also got to see the show and work with other youth organisations from across London, all of whom gave up their own time to help deliver a very successful and much loved event.

Lord Mayor's Show

On Saturday 14th November for the very first time LFB Fire cadets had the huge privilege of taking part in the 800th year of the Lord Mayor's Show where the magnificent Gold State Coach took the newly-elected Lord Mayor of London from Mansion House to the Royal Courts of Justice to swear an oath of allegiance to the Sovereign, in a procession dating back to 1215.

Twelve of the finest London Fire Brigade Fire Cadets from across all ten of the London cadet units walked smartly alongside young people from two other of LFBs youth programmes LIFE and Crossfire for the amazing 3 mile route holding the YOU London banner as they went.

Fire Cadets waved, cheered and couldn't stop smiling despite the pouring rain and cold and had a fantastic time along with some 6,500 participants, 70 floats, 20 military and civilian bands, together with dozens of horses and carriages.

One Fire Cadet called Lewis parting words after the parade ended were "that was one of the best days of my life!" and this was echoed by other cadets as they made their way home, very tired, very wet but extremely happy.

Sara Perez
LFB Education Team and Fire Cadets

Organisation	Contact Name	Email Address
Air Training Corps	TBA	TBA
Army Cadet Force	Michael Nolan	michael@nolan75.freemove.co.uk
Boys' Brigade	Vic Russell	admin@london-districtbb.co.uk
Fire Cadets	Sara Perez	sara.perez@london-fire.gov.uk
Girls' Brigade	Hannah Field	Hannah.Field@gb-ministries.org
Girlguiding LaSER	Alison Bruce Davina Hayes	Alibaba@care4free.net divinia.hayes@girlguiding.org.uk
Scout Association	Debbie Evans	debbie.evans@scouts.org.uk
Sea Cadet Corps	Maria McEvoy	mmcevoy@ms-sc.org
St John Ambulance	Jane Fonteyn	Jane.Fonteyn@sja.org.uk
Volunteer Police Cadets	Helen Harper Lucy O'Mahony	Helen.Harper@met.police.uk Lucy.O'Mahony@met.police.uk
YOU London DW	Michael Nolan	michael@nolan75.freemove.co.uk
YOU London Admin	Donna O'Halloran	gl-offcadets@rfca.mod.uk

It's all about



The aim of YOU London is to work together

to support young people by maximising the benefits of the existing youth organisations. Working together takes many forms including inter-group competitions, sharing premises, exhibiting together at recruitment events in borough, or simply being aware of who is who in the boroughs' youth groups. Working together often produces for the groups much more than the sum of the individual parts can do.

Z cards

Fold out business cards sized which advertise all of the YOU London groups are available from

Donna

gl-offcadets@rfca.mod.uk

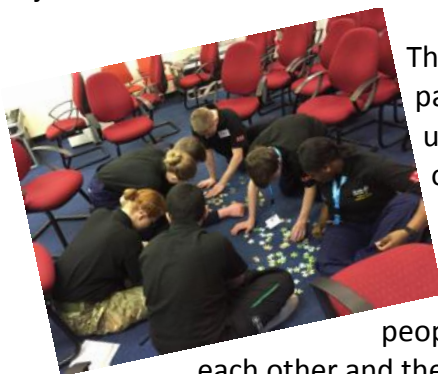




Leadership training at HMS PRESIDENT

15-17 January 2016 saw the latest Senior Cadet Leadership Course (SCLC); part of the *London Leaders Development Scheme* (LLDS). The Scheme aims to develop leaders of uniformed youth organisations in London both to deliver better services to the young people they serve and develop their own skills in the process.

Based on an original concept proposed by London Sea Cadets, they initially delivered the SCLC in partnership with the Volunteer Police Cadets who subsequently used the model to develop their own internal version. St John Ambulance joined the venture in 2013 and the London Fire Brigade joined last year. This most recent course saw 40 cadets from the four organisations and their staff join forces for the first time.



The SCLC is a unique partnership between uniformed youth organisations in London. It brings together their most senior young people to learn from each other and their guests to help tackle some of London's youth challenges. The course was inspired by research from the Institute of Leadership & Management which found many modern business leaders (particularly women) start their leadership learning in these types of

youth organisation. The SCLC is specifically designed to provide a direct link from what cadets gain from belonging to skills and attributes that make them employable, a beneficial part of society, and make a greater contribution to their own organisations.

The cadets learn a variety of skills, often beyond what is usually taught in the cadet movement.



Communication, conflict management, positive role modelling and social skills are all part of the course. Whether it is being questioned by a panel of employers after a presentation or entertaining high profile guests at a formal dinner, the SCLC aims to challenge young people in innovative ways to help them get a head start in life.

The course is not something found elsewhere within the participating organisations. The direct link to employability, the contrast between different organisations and the scale and type of external support is not replicated in any part of the participants' organisational training programmes. The SCLC is also linked to other schemes such as livery company apprenticeships and even employment access opportunities. Enquiries about the course and the wider scheme can be sent to LondonLeaders@gmail.com.

James Bryan

News from the last quarter

Youth United Foundation has had an excellent year and this last quarter has been full of positive change and steps towards what we hope will be an even brighter future. Our AGM marked the official release of our 2014/15 Impact Report which details the great figures that our members have achieved - such as reaching 12,719 young people and creating over 1,000 new units across the country in just three years.



We have had an exciting new addition to our Network in the form of Jewish Lads' and Girls' Brigade (JLGB) and I am sure we will learn a lot from having them in the Network in addition to what they contribute to our shared

vision of reaching as many young people as we can.

A similar step towards this vision is that we have proudly funded new activity in Northern Ireland, Wales and Scotland. This is the first time we have worked in these nations, and we are looking forward to watching the progress there.

We are also proud of the number of new units opened in London recently, funded by the Uniformed Youth Social Action Fund. We know that more than 20 units have been opened across London and the Youth United Foundation team have thoroughly enjoyed a number of visits to these units, including the new Edgware Juniors (JLGB), 65th Hackney (St George's Scouts) Beavers Group and Archway (Girls' Brigade).

Lindsay Levkoff Lynn
Chief Executive Youth United Foundation

Flying High?

Exchange Visit by St. Dunstan's College CCF (Royal Navy)



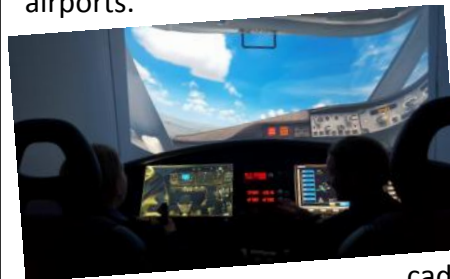
Lewisham ATC Squadron played host to senior cadets from St. Dunstan's College CCF (Royal Navy) Section this week, as part of our effort to engage and improve our NCO team development.

The visiting Navy NCOs spent time learning about the structural and practical differences in the two cadet



environments, before meeting their Air Cadet counterparts for a full discussion of operations and experiences. The Navy NCOs watched the Air Cadets going about a regular parade night - from Flight management, to uniform inspections, drill training and key event operations.

They also spent time with the Squadron's flight simulator - learning principles of flight on the Grob Tutor, before taking on more complex challenges including flying a Boeing 737 around London's airports.



"Although we all have slightly different styles, structures and uniforms, the

cadet forces are very

similar and have lots more in common than we think. We don't claim to be expert in anything", commented Flt Lt David Preece, OC 1921, "but we always love to learn and share ideas. It's the heart of what we do; and while the Squadron's cadets can do it as part of London Wing, the opportunities to work with other youth organisations in Lewisham is really important too."

**ROYAL
AIR FORCE
AIR CADETS**
the next generation

**D J Preece, Flight
Lieutenant, RAFVR(T)
Officer Commanding
1921 (Lewisham)
Squadron**



Trafalgar Day 2015

Sunday 18 October saw the 210th annual national Trafalgar Day parade in Trafalgar Square, London. Every year 400 Sea cadets from across the UK aged 13-17 come together to commemorate the maritime battle in the capital.

Cadets form on the Mall and parade down to Trafalgar Square to put on an impressive hour long show. Crowds were treated to performances demonstrating the very best that the Sea Cadet corps has to offer, physical training, glee club, pipes and drums, followed by a display by an 80-strong Sea Cadet Massed Band.



As always the Sea Cadets were supported by representatives from the Air Cadets, Army Cadets and the St John's ambulance.



The Air cadets band entertained the public while platoons from both the Air Training Corp and the Army Cadet Force joined the march past Reviewing Officer Rear Admiral John Clink OBE, who inspected the parade with platoons from Northern, Eastern, London, South, South West and North West Areas and platoons from Army and Air cadets.

Maria McEvoy
Development Worker